

vegetarian (v) / vegan (vg) / gluten free (gf)

Below is what Harvest Room offers for those with dietary restrictions. Since you are fully knowledgeable of your own dietary needs, we ask that you inform your server & please read the ingredients before ordering.

# breakfast menu

served until 2pm

cooked in organic olive oil or coconut oil \$1

# sweet tooth

#### MONKEY BREAD (v) | 11

our unique creation of soft sweet bread with cinnamon sugar, pecans, & cream cheese dip

VEGAN FRENCH TOAST (vg)(v) | 8.5 toasted thick cut vegan bread, coconut milk batter (coconut milk, cinnamon, nutritional yeast, sugar, vanilla, flour), powdered sugar

HARVEST FRENCH TOAST (v) | 8 graham cracker crusted, powdered sugar, cinnamon streusel

STICKY BREAD PUDDING (v) | 7 house caramel sauce

ORGANIC OATMEAL (v)(vg) | 5 brown sugar & cream/coconut milk .50 each - dried cranberries, raisins, brown sugar, daily jam, banana, cinnamon streusel (not gf) 1.00 each - michigan honey, seasonal fruit, coconut flakes, ground flaxseed, house granola (not gf) SOMETHING SWEET (v)  $\mid$  MP something sweet from the baker, ask your server

CAKES (v) SMALL (three pancakes) | 5 LARGE (five pancakes) | 7

GLUTEN FREE CAKES (v)(gf) ~ (contains eggs & dairy) SMALL (three pancakes) | 6.5 LARGE (five pancakes) | 8.5 make 'em CINNAMON STACK ~ add \$4

CINNAMON ROLL STACK (v) | 10.5 six cinnamon-swirled pancakes stacked high, sweet creamy drizzle, cinnamon sugar



while our hash browns do not contain gluten, they are cross contaminated (with bread/meat) ; we offer fruit as substitution \*\* Spices are nutritional yeast, garlic, cumin, tumeric, salt & pepper \*\*

#### HARVEST BREAKFAST | 9

Just Eggs (mung beans) (v)(vg)(gf) with spices\*\* OR 2 eggs your way (v)(gf), side of fruit & choice of vegan OR gf/dairy free toast. Add side of uncured bacon, turkey, or pork sausage for \$4

VECAN PRAVAS SVILLET (V - V - (V - 1))

## VEGAN BRAVAS SKILLET (v)(vg)(gf) | 11

spanish style potatoes, peppers, onions, vegan cheese, avocado, Just Egg (mung beans), choice of toast

GF BANGERS & BRAVAS SKILLET (gf) | 15 big fork hickory bacon sausage, house made chicken chorizo, spanish style potatoes, avocado, gueso fresco, peppers, onions, gf/df toast

## THE EDGY VEGGIE (v)(v8) | 11

roasted red peppers, spinach, mushrooms, "Just Eggs" with spices\*\*, vegan cheese, served with fruit and choice of vegan toast

#### BREAKFAST SANDWICH | 8

VEGAN (Just Eggs, spices<sup>\*\*</sup>, daiya vegan cheese, vegan toast) OR GLUTEN FREE (fried egg, gf/dairy free bun, cheddar cheese) served with side of fruit

#### VEGAN HUEVOS RANCHEROS (v)(vg) | 12

Just Eggs (mung beans) with spices<sup>\*\*</sup>, black beans, red onions, avocado, daiya cheese, cilantro, ranchero sauce, corn tortillas (corn, water, lime), side fruit

20% service charge added to parties of 6 or more. Corkage fee of \$15 per bottle.

Eating Raw or undercooked meat, poultry, eggs, or seafood poses a health risk to everyone, but especially to the elderly, young children under 4, pregnant women and other highly susceptible individuals.

Harvest Room does not have a gluten free kitchen and cannot guarantee that cross contamination may occur.

#### BUILD YOUR OWN OMELET (v)(gf) | 11

5 farm fresh eggs & you add the rest. served with side of fruit and choice of regular toast OR gluten/dairy free toast.

Each additional item .50: onion, mushroom, bell pepper, tomatoes, spinach, black beans, roasted red pepper, white cheddar, havarti or swiss.

Each additional item \$1: avocado, vegan cheese, smoked gouda, goat cheese, feta, ham, uncured bacon, pork sausage, turkey sausage, chorizo

#### WHITE FOREST OMELET (v)(8f) | 13

egg whites, sliced mushrooms, roasted red peppers, spinach, white cheddar, served with side of fruit & regular toast OR gf/dairy free toast

#### FIVE SUNS OMELET(v)(gf) | 13

blackened zucchini, roasted red peppers, potatoes, butternut squash, spicy feta cheese, pickled corn

## BARN JAM OMELET (8f) | 15

applewood smoked bacon, chicken chorizo, smoked brisket jam, roasted red peppers, gueso fresco, fruit & gf/dairy free toast

# sides

UNCURED BACON (gf)	4
MAPLE TURKEY SAUSAGE (gf)	4
SAGE PORK SAUSAGE (gf)	
ONE FREE RANGE EGG	1.5
SEASONAL FRUIT (v)(vg)(gf)	4
GLUTEN/DAIRY FREE TOAST	4
GF CAKES (v)(gf)	4