



# vegetarian (v) / vegan (vg) / gluten free (gf)

Below is what Harvest Room offers for those with dietary restrictions.

*when ordering vegan or GF we ask that you inform your server & please read the ingredients before ordering.*

## breakfast menu

served until 2pm

cooked in organic olive oil or coconut oil \$1

### sweet tooth

#### MONKEY BREAD (v) | 12.5

our unique creation of soft sweet bread with cinnamon sugar, pecans, & cream cheese dip

#### VEGAN FRENCH TOAST (vg)(v) | 10

toasted thick cut vegan bread, coconut milk batter (coconut milk, cinnamon, nutritional yeast, sugar, vanilla, flour), powdered sugar

#### HARVEST FRENCH TOAST (v) | 10

graham cracker crusted, powdered sugar, cinnamon streusel

#### ORGANIC OATMEAL (v)(vg) | 5.5

brown sugar & cream/coconut milk  
.50 each - dried cranberries, raisins, daily jam, banana, cinnamon streusel (not gf)  
1.00 each - Michigan honey, seasonal fruit, coconut flakes, ground flaxseed, house granola (not gf)

#### STICKY BREAD PUDDING (v) | 8

house caramel sauce

#### CAKES (v)

SMALL (three pancakes) | 6.5

LARGE (five pancakes) | 8

#### GLUTEN FREE CAKES (v)(gf) - (contains eggs & dairy)

SMALL (three pancakes) | 7.5

LARGE (five pancakes) | 9.5

make 'em CINNAMON STACK - add \$4.5

#### CINNAMON ROLL STACK (v) | 12

six cinnamon-swirled pancakes stacked high, sweet creamy drizzle, cinnamon sugar

### eggs & such

while our hash browns do not contain gluten, they are cross contaminated (with bread/meat); we offer fruit as substitution when ordering VEGAN or GLUTEN FREE, please let your server know\*

#### HARVEST BREAKFAST | 11.5

Just Eggs (mung beans) (v)(vg)(gf) with spices\*\*  
OR 2 eggs your way (v)(gf), side of fruit & choice of vegan OR gf/dairy free toast.  
Add side of uncured bacon, turkey, or pork sausage for \$5

#### VEGAN BRAVAS SKILLET (v)(vg)(gf) | 13

spanish style potatoes, peppers, onions, vegan cheese, avocado, Just Egg (mung beans), choice of toast

#### VEGAN SUCCOTASH SKILLET | 17

Just Eggs, riced cauliflower, asparagus, baby green chickpeas, bell pepper, corn, broccoli, mushrooms, jalapeño puree (zucchini), guajillo aioli (vegan mayo peppers), vegan toast

#### GF BANGERS & BRAVAS SKILLET (gf) | 17.5

big fork bacon sausage, house made chicken chorizo, spanish style potatoes, avocado, queso fresco, peppers, onions, gf/df toast

#### THE EDGY VEGGIE (v)(vg) | 13

roasted red peppers, spinach, mushrooms, "Just Eggs", vegan cheese, served with fruit and choice of vegan toast

#### BREAKFAST SANDWICH | 10

VEGAN (Just Eggs, spices\*\*, daiya vegan cheese, vegan toast) OR GLUTEN FREE (fried egg, gf/dairy free bun, cheddar cheese) served with side of fruit

#### VEGAN HUEVOS RANCHEROS (v)(vg) | 14

Just Eggs (mung beans) with spices\*\*, black beans, red onions, avocado, daiya cheese, cilantro, ranchero sauce, corn tortillas (corn, water, lime), side fruit

#### BRAVOCADO TOAST (v) | 11

griddled english muffin, avocado, white goddess dressing, mozzarella, heirloom tomatoes, pickled red onion black salt (vg) - sub sourdough, sub vegan cheese | 1 (gf) - sub gluten free bun | 2

#### BUILD YOUR OWN OMELET (v)(gf) | 13

5 farm fresh eggs & you add the rest. served with side of fruit and choice of regular toast OR gluten/dairy free toast.

Each additional item .75: onion, mushroom, bell pepper, tomatoes, spinach, black beans, roasted red pepper, white cheddar, havarti or swiss.

Each additional item \$1.50: avocado, roasted butternut squash, vegan cheese, smoked gouda, goat cheese, feta, ham, uncured bacon, sage pork sausage, maple turkey sausage, chorizo

#### WHITE FOREST OMELET (v)(gf) | 15

egg whites, sliced mushrooms, roasted red peppers, spinach, white cheddar, served with side of fruit & regular toast OR gf/dairy free toast

#### NATIVE SMASH OMELET | 15.5

riced cauliflower, asparagus, baby green chickpeas, bell pepper, corn, broccoli, jalapeño puree (zucchini), guajillo aioli (vegan mayo peppers), fruit & reg OR gf toast

#### BARN JAM OMELET (gf) | 17

applewood uncured bacon, chicken chorizo, smoked brisket jam, roasted red peppers, queso fresco, fruit & gf/dairy free toast

### sides

UNCURED BACON (gf) .....	5
MAPLE TURKEY SAUSAGE (gf) .....	5
SAGE PORK SAUSAGE (gf) .....	5
2 FREE RANGE EGGS .....	4
2 VEGAN JUST EGGS .....	6.5
SEASONAL FRUIT (v)(vg)(gf).....	5
GLUTEN/DAIRY FREE TOAST.....	5
GF CAKES (v)(gf) .....	5

Harvest Room does not have a gluten free kitchen and cannot guarantee that cross contamination may occur.

20% service charge added to parties of 4 or more. When using credit/debit cards a 3.5% service fee will be added. 2 card max per check. Max table time 1.5 hours

Eating Raw or undercooked meat, poultry, eggs, or seafood poses a health risk to everyone, but especially to the elderly, young children under 4, pregnant women and other highly susceptible individuals



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Below is what Harvest Room offers for those with dietary restrictions.  
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## lunch menu

served until 4pm

## lunch entrees

### salads

add grass fed skirt steak 12, Faroe Island salmon 12, three gulf shrimp 11, grilled or blackened chicken 6, OR vegan "chicken" (soy & pea protein) 7

**ROASTED GOLDEN BEET SALAD & GOAT FRITTER (v) | 15**  
herbed goat cheese fritters (contains gluten), sliced golden beets, candied walnuts, dried cranberries, organic spring greens, maple sherry vinaigrette (sherry vinegar, non gmo oil blend, maple syrup, dijon, herbs)  
(vg) (gf) - no goat cheese fritters

**HARVEST CHOPPED WITH SMOKED CHICKEN (gf) | 16**  
smoked antibiotic free chicken, romaine hearts, queso fresco, black beans, pepita seeds, diced red pepper, chipotle ranch

**VEGAN CHOPPED W/ "CHICKEN BREAST" (v)(vg)(gf) | 17**  
Praegers 'chicken breast' (soy), organic spring greens, romaine hearts, daiya vegan cheese, chick peas, pepita seeds, avocado, dried cranberries, maple sherry vinaigrette (sherry vinegar, non gmo oil blend, maple syrup, dijon, herbs)

**SOLSTICE (v)(gf) | 14**  
quinoa, roasted butternut squash, feta, pear, arugula & romaine, pickled red onion, white goddess vinaigrette & balsamic glaze  
(vg) - no feta

### starters

**GLUTEN FREE KEFTA KABOBS (gf) | 18**  
lamb & beef kefta, olive, cucumber, tomato, red onion, dill yogurt, gluten free bread

**BRAVOCADO TOAST (v) | 11**  
griddled english muffin, avocado, white goddess dressing, mozzarella, heirloom tomatoes, pickled red onion black salt  
(vg) - sub sourdough, sub vegan cheese | 1  
(gf) - sub gluten free bun | 2

**BRUSSEL SPROUTS & STRACCIATELLA (v)(gf) | 14.5**  
roasted brussels sprouts, creamy stracciatella cheese, mushrooms, fresno chile peppers, maple sherry gastrique

**MED DIPS (v) | 14**  
smoked hummus (chickpeas, tahini, og evoo), olive tapenade (olives, roasted red peppers, garlic, evoo) spicy feta (feta, giardiniera, cream cheese, herbs), house pickles, candied pecans (gf) grilled pita  
(gf) - no pita, sub veg (vg) - no pita, sub veg, no feta

**SMOKED HUMMUS (v) | 12**  
grilled pita & hummus (butternut squash, chickpeas, tahini, og evoo) (vg)(gf) - served with veggies

**BURRATA (v) | 14.5**  
creamy mozzarella, heirloom tomatoes, artisanal sourdough, sundried tomato pesto, balsamic, fresh herbs  
(gf) - sub gluten free bread \$2

**TRUFFLE FRIES (v) | 9**  
hand cut fries, parmesan cheese, truffle aioli (egg yolks, oil, truffle oil)

**BASKET OF SWEET POTATO FRIES (v)(vg)(gf) | 7.5**

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all sandwiches served with choice of VG/GF soup or sweet potato fries lettuce, tomatoes, house brined pickles upon request

**ZEN TACOS (v)(vg) | 16**  
blackened zucchini, red peppers, butternut squash, potatoes, jalapeño pickled corn, guajillo horseradish cream (vegan mayo, guajillo pepper, horseradish), corn tortilla (corn, lime)

**WHITEFISH FILET (gf) | 18**  
sautéed great lakes whitefish filet, pesto (arugula, garlic), superslaw

**CHARLATAN (v)(vg) | 16**  
beyond 'beef' burger (soy free), balsamic caramelized onions, mushrooms, vegan mayo, vegan bun

**VEGAN "CHICKEN" TACOS (v)(vg) | 16**  
sweet glaze (liquid amino, pineapple, sugar), superslaw, fresno chile, corn tortillas (corn, lime)

**VEGAN "CHICKEN" BURGER (v)(vg) | 16**  
Praegers blackened "chicken breast" (soy), superslaw (white goddess), pickles, sliced tomato, arugula pesto (arugula, garlic, non GMO oil), vegan mayo, vegan bun

**OMG BURGER (v)(vg) | 15**  
quinoa & veggie patty (contains walnuts), smoked hummus, avocado, pickled red onions, vegan bun

**THE HEARTY HAVARTI PANINI (v) | 15.5**  
smoked hummus (garlic, chickpeas, tahini, lemon juice), arugula, avocado, tomato, havarti, pesto sauce (arugula, garlic, non GMO oil), sourdough bread  
(vg) - no havarti, sub daiya vegan cheese

**GLUTEN FREE BOUGIE MAC BURGER | 18**  
double grass fed beef patty, cheddar, house brined pickles, tomato, romaine, BG Mac sauce, gluten free bun

**GLUTEN FREE LEVEL UP TURKEY BURGER (gf) | 18**  
double patty turkey burger, smoked brisket jam, pickled jalapenos, smoked gouda, HR special sauce, gluten free bun

**BYOB: BUILD YOUR OWN BURGER**  
grass fed beef on gluten/dairy free bun (gf) | 14  
quinoa & veggie burger (contains nuts) on vegan bun (v)(vg)(gf) | 12  
beyond "beef" burger (v)(vg)(gf) | 14

#### CHOICES

Crispy Onions (not gf)   1	HR Special Sauce   .5
Roasted Red Peppers   .75	Pesto Sauce   .5
Sauteed Mushrooms   .75	BBQ Sauce   .5
Roasted Jalapenos   .75	Dijonnaise   .5
Balsamic Caramelized Onions   .75	Hummus   1
Chicken Chorizo   2	Vegan Mayo   .5
Uncured Bacon   2	Vegan Cheese   1
Fried Egg   2	Merkts Cheddar   1
Shaved Ham   2	Cheddar, Havarti, Swiss   1
Avocado   1.5	Smoked Gouda, Goat   2

### sides

SEASONAL VEG (V/VG/GF)   6	VEGAN/ GF SOUP OF THE DAY   5
BRUSSELS SPROUTS (V/VG/GF)   9	SMALL CHOP SALAD (V/GF)   6.5
MEXICAN STREET CORN (V/GF)   8	HOUSE SALAD (V/VG/GF)   5
FRESH FRUIT (V/VG/GF)   5	SWEET FRIES (V/VG/GF)   5/7

