



vegetarian (v) / vegan (vg) / gluten free (gf)

Below is what Harvest Room offers for those with dietary restrictions.

*When ordering vegan or gluten free we ask that you inform your server
& please read the ingredients before ordering*

lunch menu

lunch entrees

salads

THE GREEK (v)(gf) | 16

cucumbers, red onion, kalamata olives, cherry tomatoes, crumbled feta, marinated tear drop peppers, greek dressing, fresh dill and mint (vg) ~ no feta

SOLSTICE (v)(gf) | 16.5

quinoa, roasted butternut squash & pears, feta cheese, arugula & romaine, pickled red onion, white goddess vinaigrette & balsamic glaze (vg)~ no feta

ROASTED GOLDEN BEET & GOAT FRITTER (v) | 17

herbed goat cheese fritters (contains gluten), sliced golden beets, candied walnuts, dried cranberries, organic spring greens, maple sherry vinaigrette (sherry vinegar, non gmo oil blend, maple syrup, dijon, herbs) (vg) (gf) ~ no goat cheese fritters

HARVEST CHOPPED WITH BLACKENED CHICKEN (gf) | 17.5

blackened chicken, romaine hearts, queso fresco, black beans, pepita seeds, diced red pepper, chipotle ranch

VEGAN CHOPPED W/ "CHICKEN" (v)(vg)(gf) | 18.5

Praegers "chicken breast" (soy), organic spring greens, romaine hearts, daiya vegan cheese, chick peas, pepita seeds, avocado, dried cranberries, maple sherry vinaigrette (sherry vinegar, non gmo oil blend, maple syrup, dijon, herbs)

*add grilled or blackened chicken (\$6) OR
dr. praegers "chicken" (soy protein \$7)*

starters

VEGAN TRUFFLE FRIES (v)(vg)(gf) | 13.5

sweet potato fries, vegan cheese, vegan truffle aioli

BURRATA (v) | 17.25

creamy mozzarella, heirloom tomatoes, toasted sourdough, sundried tomato pesto, balsamic, fresh herbs (gf) ~ sub gluten free bread \$2

BRAVOCADO TOAST (v) | 13.5

griddled english muffin, avocado, white goddess dressing, mozzarella, heirloom tomatoes, pickled red onion black salt (vg) ~ sub sourdough, sub vegan cheese | 1 (gf) ~ sub gluten free bun | 2

CHILL -A -KILLA (v) | 18

traditional chilaquiles of fried tortillas, eggs over easy, queso fresco, salsa verde, onion, sour cream, cilantro, refried black beans

BASKET OF SWEET POTATO FRIES (v)(vg)(gf) | 8.5

~try them cajun or add vegan seoul chili aioli for .50

Harvest Room does not have a gluten free kitchen and cannot guarantee that cross contamination may occur.

20% service charge added to parties of 4 or more. When using credit/debit cards a 3.5% service fee will be added. 2 card max per check. Max table time 1.5 hours

Eating Raw or undercooked meat, poultry, eggs, or seafood poses a health risk to everyone, but especially to the elderly, young children under 4, pregnant women and other highly susceptible individuals

all sandwiches served with choice of VG/GF soup or sweet potato fries.
When ordering VEGAN or GLUTEN FREE, please let your server know

ZEN TACOS (v)(vg) | 17.5

blackened butternut squash, zucchini, roasted red pepper, potatoes, roasted corn, 3 corn tortillas, guajillo horseradish aioli

CHARLATAN (v)(vg) | 18.5

beyond 'beef' burger (soy free), balsamic caramelized onions, mushrooms, vegan mayo, vegan bun

OMG BURGER (v)(vg) | 17.5

quinoa & veggie patty (contains walnuts), smoked hummus, avocado, pickled red onions, vegan bun

VEGAN "CHICKEN" BURGER (v)(vg) | 18

Praegers blackened "chicken breast" (soy), super slaw (white goddess dressing), pickles, sliced tomato, arugula pesto (arugula, garlic, non GMO oil), vegan mayo, vegan bun

THE HEARTY HAVARTI PANINI (v) | 16.5

hummus (garlic, chickpeas, tahini, lemon juice), arugula, avocado, tomato, havarti, pesto sauce (arugula, garlic, non GMO oil), sourdough bread (vg) ~ no havarti, sub daiya vegan cheese

WHITEFISH FILET (gf) | 21

great lakes whitefish, pesto (arugula, garlic, non GMO oil), super slaw (white goddess dressing)

GLUTEN FREE STEEL MILL BURGER (gf) | 18.5

2 strauss farm grass fed patties, house brined pickle relish, balsamic caramelized onions, cheddar cheese, HR special sauce, gluten/dairy free bun

BUILD IT

- grass fed beef on gluten/dairy free bun (gf) | 16
- quinoa & veggie burger (contains nuts), vegan bun (v)(vg)(gf) | 13.5
- beyond "beef" burger (v)(vg)(gf) | 15.5

CHOICES

Crispy Onions (not gf) | 2

Roasted Red Peppers | .75

Sauteed Mushrooms | .75

Roasted Jalapenos | .75

Balsamic Caramelized Onions | .75

Chicken Chorizo | 2

Uncured Bacon | 3

Fried Egg | 2.5

Shaved Ham | 2

Avocado | 2

HR Special Sauce | .5

Pesto Sauce | .5

BBQ Sauce | .5

Dijonnaise | .5

Hummus | 1

Vegan Mayo | .5

Vegan Cheese | 2

Merkts Cheddar | 1.25

Cheddar, Havarti, Swiss, queso fresco | 2

Smoked Gouda, Goat Cheese | 2.25

sides

VEGAN/ GF SOUP OF THE DAY | 5.25

SMALL CHOP SALAD (V/GF) | 6.75

HOUSE SALAD (V/VG/GF) | 5.5

SWEET POTATO FRIES (V/VG/GF) | 6/8.5

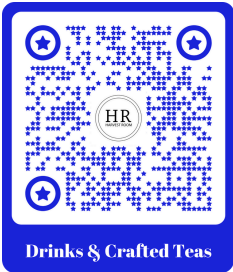
SEASONAL VEG (V/VG/GF) | 6.5

BRUSSELS SPROUTS (V/VG/GF) | 8

FRESH FRUIT (V/VG/GF) | 5.5



Cocktails & Beer



Drinks & Crafted Teas

MUNSTER